Paul Mitchell The School North Haven

SAFETY PRECAUTIONS FOR THE BEAUTY INDUSTRY

By following safety precautions you contribute to the health, welfare, and safety of the community. Always have good hygiene and be professionally dressed. Keep a first aid kit on hand, follow safety regulations, and keep equipment properly sanitized. The following precautions should always be taken with each client:

- Protect clients' clothing by appropriately draping them.
- Ask clients to remove any jewelry, hair accessories, glasses, etc.
- Keep any and all chemicals away from the eyes. In case of eye contact with chemicals, thoroughly rinse eyes with cold water.
- Wear gloves when dealing with chemicals.
- Remember that anything containing chemically active ingredients must be used carefully to avoid injury to you and your client.
- Maintaining good body posture will eliminate straining in your back, legs, and feet.
- For people who are extremely sensitive, continuous exposure to cosmetic products may cause an allergic reaction.
- Wearing support hosiery and low heel shoes provides added support and comfort, thereby preventing or reducing the possibility of varicose veins.